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DELEGATES TO THE ELEVENTH NATIONAL 4-H CLUB CAMP

Washington, D. C., June 17 - 23, 1937

WYOMING

<u>Delegate</u>	<u>County</u>
June Call . . . . .	Lincoln
Ruth Eaton. . . . .	Goshen

Miss Call writes:

"As I look back over my 8 years of 4-H club work I realize that I started out inexperienced and, through 4-H club work, I have learned the basic principles of a happy life. I have learned to consider the 4-H's - Head, Heart, Hands, and Health - and have found them to be very important items in the life of any person who desires to be well-balanced, spiritually, mentally, and physically.

"In my first 3 years of clothing work I learned to select materials and the styles suitable to my type, the colors I looked best in, and to use the sewing machine.

"The first 2 years of food study taught me the methods of canning and the use of the pressure cooker. During one summer I canned 134 quarts of fruits and vegetables. In cooking projects I have found these resolutions of value and by observing them my failures were greatly cut down: 1. Don't forget you are cooking and don't become engrossed in other work. 2. Read the complete recipe, and follow directions.

"I completed 1 year of forestry and learned of trees and their value in shelter belts, water storage, fuel, shade, food, and furniture. In some sections of the United States the vegetation has been destroyed, and the people in these localities suffer from the lack of it. Because of this, the United States Government has hired rangers to protect the forests. We should abide by the first laws they provide. I learned to recognize trees, shrubs, and wild flowers, and the habitats of each. Forestry made me appreciate Mother Nature more, and I hope I shall never mar her beauty by an initial on a tree or a careless match.

"1933 finished my third year of foods, also I faced my first financial troubles. It was necessary for me, as we do not raise livestock, to buy the meat to be canned, from the store. It took some skimping to buy it, but we appreciated it when it was opened in the winter.

"That year as a fourth attempt at giving a demonstration, my team mate and I gave a demonstration on the value of salads and the naming of them. For the reward of winning first place we received a free trip to the Eastern Idaho District Fair held at Blackfoot, Idaho. While there we listened to the Idaho demonstration and learned many helpful hints for

our other demonstrations in later years. I had given previous demonstrations on the following subjects: table scarfs, patching and table etiquette.

"In the same year, 1933, I entered a canning contest, putting on display one bottle each of beef, corn, and peaches. I was awarded \$20 for winning the contest. After considering how I was to spend it, I decided to put it in the bank to help insure my college education. I now have \$76 in the bank, and \$33.05 has been the winnings of 4-H prizes, and the rest is from taking care of children.

"Fourth year foods concluded my training in 4-H foods. The lessons it taught were on meal planning, preparation, and serving. That year my demonstration was on sponge cake, and varieties, and upon winning first place in Lincoln County, I received another trip to the Blackfoot Idaho State Fair. I also tied for first place in the health contest.

"Fourth year clothing was my 1935 4-H club project. During the summer I completed two woolen outfits and won out in the County Style Revue. At the State, my dress was placed first and suit second.

"The same year, after being judged the healthiest girl in Lincoln County, I received my first trip to the State 4-H Club Camp at Laramie. On examination there I was judged fifth in the health contest. The 4-H health program has made me realize the value of health rules, and I try to follow them. I also participated in the 4-H judging contest that year. My team mate and I were the winning judging team, and I placed high individual in canning.

"Last summer, 1936, completed my eighth year in 4-H club work and the completion of 10 projects. The project I carried was called "The 4-H Club Girl Herself", and it taught me the value of a budget, selection of suitable clothes, how to acquire friends, the art of improving yourself, the correct way of traveling, and personal care. Another club member and I gave a demonstration on "Care of the Hair." A five-dollar cash prize and a trip to Laramie were our rewards. On competing in the State health demonstration, and winning first place, we received a pennant and each a sterling silver bracelet.

"The demonstrations have improved my ability to speak before an audience and have given me valuable information on many subjects. Club work has not been confined to club alone but has helped me in school, home and social contacts. Because of my knowledge gained in 4-H club work my classes in homemaking have been very easy for me.

"4-H club has given me experience in meeting people and I now feel completely at ease when introduced to a strange person, while before I didn't know what to say, and usually avoided all close ups with unfamiliar faces.

"I wish to take this means of thanking the county demonstration agents, Miss Vesta Wright and Irma Bradford, for their help and assistance. I can truthfully say club work has made me better prepared for life, and has been one way of attaining practical knowledge through my leisure time.

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Miss Eaton writes:

"I feel that it is extremely difficult to express in words or in writing all the value that I have gained from my work and associations in club projects. Knowledge gained from experience, and associations and friendships made with other people, I count as possibly the most important things I have derived from the work. And surely a thousand, more or less, other things would come as substitutes under these.

"To me it is more interesting to look back over project work. You can laugh at that which made you feel like screaming before - and get a good laugh, too. When I tried on one of my completed undergarments last summer and found that it wouldn't go on, it was the most depressing thing that could have happened to me; now, it's funny. A failure is more firmly impressed on one's memory than a success - which makes it easier next time, if next time isn't too long.

"Until last summer, when I became more interested in stock judging, I always preferred my poultry project to others. Most of the time I found it more profitable, and I enjoyed the work a great deal more. In my second year of poultry work, judging was introduced for the first time in the county and State fairs. I was a member of the county team which won at Laramie, but I decided last summer that I knew very little about poultry judging. I was assistant leader of the poultry club, and the leader asked me to take charge of the judging work. I found that in teaching I had to really know the class, know what was most important, and the proper arrangements and delivery of reasons.

"Six members of the club (nearly half the membership) entered the county contest, and all made very good scores. Two members made the county team and placed second as a team (also one as second high individual) in the State contest. To use a common expression we were "tickled pink", for we felt that with a little more experience and training and with the encouragement of their success, they and other members would do very well in future judging contests.

"In 1935 Iris Harris and I demonstrated "Killing and Dressing Poultry for Market." We were fortunate enough to win the State Agricultural Demonstration Championship, which, of course, gave us a big thrill. We gave the demonstration eight times in public. I think we almost knew it when we finished. It was very amusing, however, not distracting to us, to see a shudder go over parts of the audience when we prepared to use the deadly weapon, the knife, on the poor innocent bird, the hen.

"This year I have taken up stock judging in my dairy project. I have enjoyed it more than any other judging or demonstration work that I have had. However, I must say that there is a great deal more to learn and remember than in any other teamwork that I have had.

"This county is very fortunate in having an excellent coach, county agent H. L. Gibson. We had six judging meetings over the county this summer, and made a trip to Laramie and the Hereford Ranch at Cheyenne. As I said before, a failure is usually easier to remember than a success. I can remember the classes I split easier than those placed correctly. No doubt that is due to the extra coaching I received on split classes. Our team placed second at the State contest this year, and we certainly plan to work to win next year.

"The other agricultural project I have taken is garden. One thing I found about gardening was that it takes a lot more hoeing and work than I ever did. Therefore my garden didn't succeed. Perhaps because I carried so many other projects that were more interesting to me was one reason that I didn't learn to like it.

"In 1931 I took my first year foods and clothing. After that, home economics projects were alternated. In the second year foods, Dorothy Schupbach and I demonstrated "Drying of Fruits and Vegetables" at the county fair. We had a great deal of equipment which was not very well organized. I was so frightened that I forgot to provide the right kind of pan for Dorothy to drain some fruit into. She poured it into a colander which she mistook for the other pan. That was probably the most terrible moment I ever spent before an audience and I'll never forget it. I learned much in that first demonstration about organization, speech, and teamwork.

"That year and the next I judged at county and State home-economics judging contests. The second year Ingleborg Jaconsen and I won at the State contest and received a trip to the Denver stock show, where we judged. I think that was the hardest contest I ever participated in. We had only 5 minutes to place each class, and to get a set of reasons. I could place the classes, but could not get a well-organized set of reasons in that short a time. I prefer judging clothing to foods, except food preservation. By the time I taste one class nearly everything else seems to taste the same, and to me, of course, that doesn't do at all.

"During my third year foods project I concentrated on my baking and canning record. I liked the canning fine after it was ready for the jars. In other words, I don't care much for paring, shelling, snapping, etc. In the fall I received the honor of being State canning champion, and went to Chicago with the Wyoming delegation. One can have more fun and get more tired than you can imagine, on a trip of that kind. While we were there I competed in the foods preservation judging contest. It was the biggest thrill of my club career when I learned I was high individual of the contest and went to broadcast over the National Farm and Home Hour with the other winners.

"I have never enjoyed clothing work as much as foods, but I feel that I have always been successful in it. Last summer I realized an ambition to compete in the State style revue. I also made a cotton school dress last summer. It had bound buttonholes down the front that I'll never forget making. But I felt well repaid when I had the privilege of sending it to Chicago.

"During my 6 years of club work I have attended club camps, fairs, State camps, the Denver Stock Show, and Club Congress at Chicago. I believe that I find the most enjoyable thing of all in meeting and associating with other people. Of course there are other things about these trips which remain vivid on one's memory. Last summer I attended the Recreation Institute at Laramie. I never enjoyed anything more than meeting Miss Ella Gardner of the U. S. Department of Agriculture, who conducted the institute. She is one of the most interesting persons I have ever met.

"I sincerely believe that my time in 4-H club work during the past 6 years has been spent in the most profitable way, educationally, socially, and financially.

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Extension Service,  
U. S. Department of Agriculture.

